



"The leadership work with Rachel was hugely beneficial for us...well organised, pertinent and inspirational; Rachel was clearly experienced, knowledgeable and did 'real life' !"

My Take on Leadership

I believe good leadership makes a difference – and that's why I work with leaders. Leadership at its best transforms team and organisation results, but also transforms the experience of staff, stakeholders, customers, service users and clients.

Great leadership creates the environment that allows others to be excellent – I love to work with leaders to enable them to find their own unique way to do this, balancing strategy, values, delivery of practical results and powerful staff engagement.

I enable leaders to find their own voice, build future plans and relationships collaboratively, and create brilliant teams that can take organisations forward.

Business Experience

- Fourteen years' people development experience as a senior line/team manager in food manufacturing, the NHS and High Street Retailing
- Former Head of Management Development NHS and Woolworths/Kingfisher
- Sixteen years as a consultant and thirteen as external executive coach
- Coaching from middle management to Board level (Exec and Non-Exec)
- L&D internal functional experience of managing succession process, appraisal, leadership development, team development and Change leadership.
- Wide experience of client & project management

Recent Assignments

- Airbus Group European High Potential Programme – facilitator/coach for two cohorts of participants from 7 countries, 14 month programme
- Hitachi Rail High Potential Leaders Programme – workshop facilitator, team coach for business challenges and action learning sets,
- London Borough of Southwark/ South London and the Maudsley NHS Trust – Leadership Development Programme, Associate Directors, Service and Team Managers – workshops, psychometrics, 1-to-1 coaching
- HMRC/Government Recruitment Service – Leadership Gravitas Programme – three cohorts, coaching with actors, workshops

Specialist Skills

- Leadership for complex transformation/culture change
- Developing your strategic influence as a leader,
- Releasing energy in others/'dispersed leadership'
- Your personal impact and gravitas; leadership brand
- Navigating the political landscape as a leader
- Career or role transition
- Extending your leadership style repertoire
- Leading and managing strategic relationships and stakeholders
- How to build empowered cultures
- Leadership for cross-organisation working

Qualifications and Accreditation

- MA, PGCE
- PG DIP Human Resource Development
- Diploma in Executive Coaching
- Diploma in Gestalt in Organisations (OD practice)
- Systemic Coaching in Organisations Programme – John Whittington 2013
- IGA Foundation Year Group Analyst Training
- Member EMCC
- Certificate in Humanistic Counselling – North London Gestalt Centre
- Qualified User for Myers Briggs Type Indicator (Step 1 & 2), EQi, Firo-B, OPQ